# Home Delivered & Center Meals

Crete Community Center

Friendly Meals
402-826-2508 (Fee)

Meals delivered within city limits.

### Crete Nursing Home

402-826-4325 (Fee)
Special diets
Meals delivered within city limits.

#### **DeWitt Senior Center**

402-683-4325 or 402-683-3295 Congregate Meals Every Wednesday at Noon.

(Suggested Donation)

Delivered Monday-Wednesday-Friday (No weekends or holidays)

Special diets upon request.

Delivered within city limits

# Warren Nursing Home - Friend

402-947-2541 (Fee)

Delivered Monday thru Saturday (Holidays & special diets by request.)

Delivered in the Friend area.

### Wilber Nursing Home

402-821-2331 (Fee)

Monday thru Friday Noon Meal (No weekends or holidays) Delivered within city limits.

# Saline County Centers

Crete Senior Center

1410 Main Street, 826-2508 Recreation, Entertainment, Hot Meals & Pot Luck Lunches. Open to the public - Fee

#### **DeWitt Senior Center**

202 E Fillmore Avenue, 683-4325 or 402-683-3295. Hot Meals, Recreation, Entertainment & Exercise. Fee-Donation Requested.

#### Dorchester Senior Center

Community Center, 946-7441

Pot Luck Lunch, Recreation & Entertainment

#### Friend Senior Center

Friend Fire Hall, 947-9701 Pot Luck Lunch, Recreation & Entertainment

#### **Swanton Senior Center**

Swanton Fire Hall , 448-2870 Pot Luck Lunch, Recreation & Entertainment

#### Tobias Birthday Club

Legion Hall, 243-2391
Pot Luck Lunch, Recreation & Entertainment

#### Western Senior Center

Community Center, 433-4581
Pot Luck Lunch, Recreation & Entertainment

#### Wilber Senior Center

Czech Museum, 821-2485 103 West 3rd

#### Wilber Senior Center

Darlene's Restaurant, 821-2014

All activities and services of Saline County Eldercare are provided without regard to race, color, creed national origin or handicap.

# Saline County Eldercare

109 West 3rd Wilber, NE 68465 402-821-3330 or 1-800-778-3309

Monday - Friday 8:00am - 5:00pm

Services are provided to any resident of Saline County who is 60 years & older, or to anyone who has concerns regarding an older person.

Sunny Kontor, Developer

# Commodity Distribution

Dorchester
Main Street - North Door of Bank
First Tuesday of the Month
9:30am - 4:00pm

Eligibility income and age guidelines. Blue Valley Community Action Fairbury, NE. 402-729-2278

# Grocery Delivery in Saline County

Call the store for information and fees

#### Crete

Sunmart - 826-2588 Foodmart - 826-5099

#### DeWitt

Hometown Grocery - 683-2775

#### Dorchester

Grocery Store- 946-2020

#### Friend

Orv's Grocery - 942-2251

#### Western

KT's Market - 433-2291

#### Wilber

Food Mesto - 821-2211 Karpiseks Market - 821-2320

# Senior Services, Information & Referral

Unless otherwise indicated call the Eldercare office for more information on the following programs.

**Telecare** - School age children call Seniors each day. The students check on the Senior's well-being and if they need anything.

Friendly Visitor - Volunteers who are trained to go into the homes of older adults to visit.

**Senior Companion** - The Companion is 60 or older who encourages independence by visiting older adults in their homes.

Case Management - Targeted for persons and caregivers who need assistance in dealing with care needs.

**Personal Care** - An aide under direct supervision of a medical professional, assist with daily living needs. (Fee)

Life Line: Emergency Response (Fee)
Parkview Center Beatrice - 402-223-2366

**LIFE Office** 402-441-7070 or Toll Free 1-800-247-0938

Crete Hospital - Crete - 826-6885

**Transportation** - Crete Senior Surrey - 402-826-4311; Saline County Area Transit - 402-433-4511

Handyman/In-Home Service Referral (Fee)

Outreach - Saline Eldercare staff will visit elderly persons in their homes to do an assessment of their needs for the necessary services.

**Veterans** - Veteran's Service Office 402-821-2990

Saline Eldercare - Assistance with Social Security, Medicare, Insurance formes, Homestead Exemption filing, and more. 402-821-3330 or 1-800-778-3309

Information & Referrals - Education and speaking engagements available to all organizations on the Eldercare Program. Also included is assistance to senior citizens with specific needs, this includes home assessments.

**Legal Services** - Legal assistance options are available by calling the LIFE Office at 1-800-247-0938.

Saline County Eldercare is jointly sponsored by County, State and Federal Funds made available through the Saline County Board of Commissioners and Aging Services (Lincoln Area Agency on Aging).

Contributions for services and donations also help to support the Program.